



The Police Treatment Centres

www.thepolicetreatmentcentres.org

A Force for Promoting and Improving Health and Wellbeing

Date:

Dear

A date has been allocated for your attendance at The Police Treatment Centre, Harrogate. Your stay will be from «Start_Date» departing «Departure_Date». You must arrive between 8.00am and 10.30am; in order to facilitate your admission assessment and to enable early treatment. If you have any difficulties in arriving at this time, you must notify the PTC - please be aware that admittance on a Sunday is **not** permitted unless there are exceptional circumstances **and** prior arrangements have been made.

Please take note of the following information:

- Face coverings are no longer mandatory around the Centre, however, please feel free to wear one if you wish.
- Any personal property that you bring with you to the Centre is done so at your own risk – the Centre cannot be held liable for any damages. Please note that personal pedal cycles cannot be brought into the main building, however, limited secure storage **maybe** available on request.
- If you are on a prescription medication, you should bring these with you to self-administer. (Please bring sufficient to cover your stay.)
- If you are attending as a result of surgery, could you please obtain a copy of your Surgeon's protocol for rehabilitation and bring this with you.
- If you have any food allergies or specific dietary needs, please advise us prior to your arrival.
- Following the relaxation of Covid-19 restrictions, Spouses/Partners are now able to attend as B&B guests on the middle weekend of your stay. Please contact Reception for further details. A Patient's Spouse/Partner is only permitted to attend for the entirety of a stay if assistance is needed as a result of a specific medical condition. Day visitors are now permitted to enter the Centre to meet with a Patient.
- Although all your food and drinks are provided free, WI-FI access carries a small weekly charge of £7.50. Patients can pay for this through the setting up process on your chosen device.
- The PTC is a Treatment Centre with a few simple rules designed to benefit the majority of our Patients and for each individual to gain the most from their stay with us. Amongst these rules, you will note that we have a set time for you to be back in the Centre each night (unless you have booked out overnight by prior arrangement), which is midnight.
- Please ensure that your room is vacated by 10.30am on the day of your departure.

St Andrews

Harlow Moor Road, Harrogate, North Yorkshire,
HG2 0AD
Tel: 01423 504448

**Castlebrae**

Castleton Road, Auchterarder, Perthshire,
PH3 1AG
Tel: 01764 664369

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We ask you to respect our rules, and your acceptance of an offer of a place at the PTC is acknowledgment by you, that should you fail to comply with any of our rules including returning to the Centres at the required time without a reasonable explanation, this may lead you to be asked to leave the Centres early and may affect any future applications for your admission to the PTC.

Directions for travel and a full description of our facilities are available to view on our website at <https://www.thepolicetreatmentcentres.org/contact/travelling-to-centres>

We look forward to seeing you in the near future. If you need to cancel or re-arrange your date of admission you must do so in writing to the Harrogate address above, or alternatively via email, enquiries@thepolicetreatmentcentres.org If applicable, a new date will be then be allocated to you. If you have any further queries, please telephone us on the above number.

Yours sincerely,

Patrick Cairns MBE, DL, MA, BA (Hons)
Chief Executive
For The Police Treatment Centres

Patron: **HRH The Princess Royal** President: **Baroness Harris of Richmond, DL** Chief Executive: **Colonel Patrick Cairns, MBE, DL, MA, BA (Hons)**

Companies House Registration Number 07822534, Charity Commission Registration Number 1147449, OSCR Registration Number SC043396

The PTC is the Corporate Trustee of the Northern Police Convalescent and Treatment Centre.
Charity Commission Registration Number 1147449-1